



COVID-19 Coaching Staff Reminders

If any GSA member (including parents, players, volunteers, coaches, or other staff):

- Shows any signs or symptoms of COVID-19 (see below)
 - Fever (greater than or equal to 100.4 degrees F)
 - Cough
 - Shortness of breath
 - Sore throat
 - Congestion
 - Nausea and vomiting
 - Diarrhea
 - Headache
 - Muscle / Joint Pain
 - Sudden loss of taste or smell
 - Chills

AND / OR

- Is exposed to someone that is suspected or confirmed to have COVID-19:

GSA MUST be notified immediately, so proper protocol can be followed to limit the impact to the team and club. DO NOT try to "take this on" by yourself. Parents should notify the coach first, and then coaches should follow the simple steps below before doing anything else:

1. First, do **NOT talk to other parents, other coaches, your team manager, or ANYONE else** about the PRIVATE health condition of a player or parent.
2. **EMAIL (not text, not a phone call, etc.), Drew Prentice at drew@gsasoccer.com, with the information you know.** Do not copy in other people, directors, managers, etc. This is PRIVATE health information that should not be shared with anyone that is unnecessary.
3. GSA's COVID-19 Compliance Officer will then follow up with an email or a phone call to help guide you through the next steps. In general, we will need to know some basic information including dates (see attachment for a general overview of information). It would be great to collect as much of this info as possible and include it in your initial email.

Our return to play protocol follows governing body and health official protocol. We do not exceed or lessen the protocol, **we simply follow it.** You can view our return to play protocol



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(specifically focus on Appendices A, B, and C). This is revised as we are given more information from governing bodies or health officials, so go to the our website to find the latest document. It's easily found on our home page at www.gsasoccer.com (look under headlines for the Return to Play Protocol).

It's **EXTREMELY** important that ALL coaches and staff are following ALL social distancing protocol.

Some simple reminders (please see the most up to date return to play protocol on our website for ALL preventative measures GSA has implemented):

- Coaches should not get within 6 feet of players (unless there is an injury that requires treatment)
- Coaches will soon be required to wear masks (this will be a requirement as soon as the GSA masks arrive).
- Training vests should not be shared among teammates or teams. Training vests should be washed after each use. There is no "special" laundry detergent - wash them with normal detergent on the hottest water setting available and dry them in a dryer with the hottest setting possible.
- Players should not integrate with other teams unless specifically approved by a director - **no siblings, etc. allowed at training with other teams out of "convenience"**. Coaches should obtain permission from a director for any players training outside their own team environment. Make sure you note the date/sessions the player attends in case we need to "contact trace".
- Make sure you use hand sanitizer before and after every session throughout the day/evening, and remind players to do the same... actually remind them, don't expect them to remember by themselves.
- Ensure players are setting their own bag, water bottles, etc. down at least 6 feet apart at the beginning of practices, and if you have another team that comes in right after, make sure they know not to congregate as you finish with your other team.

*By following the above (and all other stated protocol), we are generally able to avoid quarantining a coach even if a team has to quarantine. This is very important; if we have to quarantine a team, we do NOT necessarily have to quarantine a coach as long as YOU are following all social distancing protocol - be smart and play it safe. Stay 6 feet away from all players and parents at all times.



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**If you interact with players, parents, etc. outside a GSA event, remember that we will still be following the same protocol - be honest; if you are exposed or begin to have symptoms, notify the compliance director right away.

FYI: The CDC defines "close contact" as any individual who has been within 6 feet of an infected person for 15 minutes or more, so by staying at least 6 feet away from players, we protect ourselves from possible infection. The fact that we generally work in an outdoor environment and have MANY other preventative measures in place significantly reduces the risk for everyone involved - just be extra careful.